

Workshop Testimonials & Reviews

"I discovered through Alessandra a completely new element, rich with music and dance. I was impressed by Alessandra's deep passion for our ancient traditions of music and dance. " This group's energy was amazing. We all worked hard to create a space that was safe for ourselves as well as the people around us. Your deep knowledge and devotion to your work allowed you to communicate authentically and clearly. Traditions that we experienced and practiced could have been confusing and abstract, but your level of skill made the trance dances meaningful to our real-life circumstances." —Jillian

"Studying with Alessandra for the last 2 years has already helped me come out of my shell ...I really like the version of myself that comes forth around Alessandra. She sees things that are under the surface, that maybe you know are there but you're not sure how to be comfortable with yet. There is a sense of trust that encourages you to let go" Every day, each session, had a completely different, and powerful, healing experience. Things got more intense as the week went on. Afterwards, a tremendous feeling of lightness. Lung capacity felt three times larger. There were no visions, no emotional outpouring, no resurfaced memories. Instead it was a chemical change, elemental. A transmutation." —Danielle

"[Belloni's] music evokes the ecstasy that occurs when the body becomes a vessel for ancient forces that rise out of the land and its cycles; it shines with the tremendous power of the feminine reaching all the way back into ancient shamanic roots of Europe and ancient Greece. It is a rare occasion indeed that these rhythms became available." —Amazon Reviewer

"I describe this method as 'durable' because I can envision this percussion style and method as applicable in so many music contexts: Bluegrass, Freak Folk, Early Music, New Age, Music Therapy, Gospel, Jazz, Reggae... Show the opening tammorra solo from the DVD to the Heavy Metal aficionado in your life, and he might just be convinced, too! I know I am..." —Stefan

"From working with Alessandra in her company, I know that she is a dedicated teacher and really wants the students to learn and express themselves. From being around her, it is clear that she is a healer and it was an incredible thing to witness first hand. Her presence allows the students to trust, relax, and let go. Alessandra is one of those human beings that you want to be around as much as possible. She just feeds you with good energy..!She makes everyone very comfortable. She's professional but also you feel like she's your best friend. It's very easy to trust her because she's very genuine and sincere. Her instructions are clear to understand and she gives everyone individual attention. As a healer, combining her spiritual good energy with her unsurpassed talents, you can't ask for more." —Lindsay

For booking & further information:

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